



SALLISAW PUBLIC SCHOOLS

Sallisaw High School Breakfast and Lunch Menu March 2024



Alternate Cereal, Oatmeal & Yogurt Bar available for
Breakfast Daily

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>!!! IMPORTANT !!! Please remember to pay your breakfast and lunch bills daily, weekly or monthly.</p>	<p>GoodBye February</p> <p>Hello March</p>	
26	27	28	29	1
Oatmeal and Cinnamon Toast Fruit Juice, Milk	Smoothie and Toast Fruit Juice, Milk	Omelet and Toast Fruit Juice, Milk	Donut Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Fish and Fries Hushpuppies Pinto Beans Fruit Cup Fresh Fruit and Vegetable Bar Milk	Chicken Nachos Sweet Corn Fresh Fruit and Vegetable Bar Milk	Popcorn Chicken Mashed Potatoes and Gravy Black Eyed Peas WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Chili Dog Corn Chips Fresh Fruit and Vegetable Bar Apple Cake Milk	Baked Potato Bar Diced Ham or Chicken "Fixins" Texas Toast Fresh Fruit and Vegetable Bar Milk
CornDog / Veggie	Burrito/Veggie	Chicken Nuggets/ Potato	Hamburger/ Veggie	Pizza/Veggie
4	5	6	7	8
Biscuits and Gravy Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Breakfast Boat Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Grilled Chicken Steamed Broccoli Garlic Bread Fresh Fruit and Vegetable Bar Milk	Crispitos w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Jello Milk	Roasted Chicken Mashed Potatoes and Gravy Green Beans WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Boneless Hot Wings Waffle Fries Fresh Fruit and Vegetable Bar Pudding Milk	Build Your Own Salad Bar "Fixins" Garlic Stick Fresh Fruit and Vegetable Bar Rice Krispy Treat Milk
Mac and Cheese/Smokies	SAME	Chicken Nuggets / Potato	Hamburger / Veggie	Pizza/Veggie
11	12	13	14	15
Chicken and Waffles Fruit Juice, Milk	French Toast Fruit Juice, Milk	Bagel and Cream Cheese Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk	
Pig - n - Blanket Honey Mustard Sauce Pasta Salad Potato Chips Fresh Fruit and Vegetable Bar Cookie and Milk	Beef Tacos Shredded Cheese Pinto Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken Tenders Mashed Potatoes and Gravy Sweet Peas WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Cheeseburger Lettuce, Tomato and Pickle Sidewinder Potato Fresh Fruit and Vegetable Bar Milk	
Spicy Chicken Sandwich / Veggie	Burrito / Veggie	Chicken Nuggets / Potato	Hamburger / Wedges	
18	19	20	21	22

SPRING BREAK MARCH 18th - MARCH 22nd

25	26	27	28	29
Biscuits and Gravy Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk	GOOD FRIDAY
General Tso Chicken Egg Roll and Rice Lo Mein Fresh Fruit and Vegetable Bar Fortune Cookie Milk	SHS Special Chicken, Rice and Cheese Black Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Pork Roast Mashed Potatoes and Gravy Sweet Peas WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Pizza Ceasar Salad Fruit Bar Brownie Milk	
PBJ Sandwich/Chips	Taco Burger / Veggie	Chicken Nuggets / Potato	SAME	

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.